|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  **(Book Figure 2.1)** |  |  |  |  |  |  |  |
|  **10 Year Life Vision**  |
|  |  |  |  |  |  |  |  |  |  |
|  2021 Mantra: "\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_" |
|  |  |  |  |  |  |  |  |  |  |
|  |  | **Values:** |  | **#1** |  **#2** | **#3** | **#4** | **#5**  |  |
|  |  | Family Member #1 |  |  |  |  |  |  |
|  |  | Family Member #2 | N/A |   |   |   |   |  |
|  |  | Side Hustle/Business | N/A |   |   |   |   |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  | **Financial** | **Type** | **Current State** | **5 Year State** | **10 Year State** |
|  | **1** | Net Worth | Metric | -$15,000 | $200,000 | $600,000 |
|  | **2** |  |  |  |  |  |
|  | **3** |  |  |  |  |  |
|  | **4** |  |  |  |  |  |
|  |  | **Health** |   |  |  |  |
|  | **1** |  |  |  |  |  |
|  | **2** |  |  |  |  |  |
|  | **3** |  |  |  |  |  |
|  | **4** |  |  |  |  |  |
|  |  | **Spiritual** |   |  |  |  |
|  | **1** |  |  |  |  |  |
|  | **2** |  |  |  |  |  |
|  | **3** |  |  |  |  |  |
|  | **4** |  |  |  |  |  |
|  |  | **Relationships** |   |  |  |  |
|  | **1** |  |  |  |  |  |
|  | **2** |  |  |  |  |  |
|  | **3** |  |  |  |  |  |
|  | **4** |  |  |  |  |  |
|  |  | **Recreation** |   |  |  |  |
|  | **1** |  |  |  |  |  |
|  | **2** |  |  |  |  |  |
|  | **3** |  |  |  |  |  |
|  | **4** |  |  |  |  |  |
|  |  | **Other/Misc.** |   |  |  |  |
|  | **1** |  |  |  |  |  |
|  | **2** |  |  |  |  |  |
|  | **3** |  |  |  |  |  |
|  | **4** |   |   |   |   |   |
| **EXAMPLE (Figure 2.1)** |  |  |  |  |  |  |  |
|  **5 & 10 Year Life Vision**  |
|  |  |  |  |  |  |  |  |  |  |
|  2021 Mantra: "I Can Learn Anything If I work Hard Enough" |
|  |  |  |  |  |  |  |  |  |  |
|  |  | **Values:** |  | **#1** | **#2** | **#3** | **#4** | **#5**  |  |
|  |  | Family Member #1 | **Integrity** | Challenge | Passion | Fun | Spiritual |  |
|  |  | Family Member #2 | N/A |   |   |   |   |  |
|  |  | Side Hustle/Business | N/A |   |   |   |   |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  |  | **Financial** | **Type** | **Current State** | **5 Year State** | **10 Year State** |
|  | **1** | Net Worth | Metric | -$15,000 | $200,000 | $600,000 |
|  | **2** | Annual Job Income | Metric | $60,000 | $85,000 | 50,000 (20 hrs/week) |
|  | **3** | Side Hustle Income | Metric | 0 | $30K ($10K Passive) | $100K ($50K Passive) |
|  | **4** | Quarterly Budget Review | Activity | No | YES | YES |
|  |  | **Health** |   |   |   |   |
|  | **1** | Exercising Habits | Activity | Run 2/month | Run 3/week | Run 5/week |
|  | **2** | Happy & Healthy | Feeling | Feeling Unhealthy | Feel Healthy | Excellent Health |
|  | **3** | 1 Mile Run Time | Metric | 9 Minutes | 7:30 | 6:30 |
|  | **4** | Mental | Activity | Meditate 1/Week | Meditate + Therapy | Meditate Daily |
|  |  | **Spiritual** |   |   |   |   |
|  | **1** | Religious Service  | Activity | Attending Monthly | Attend Weekly | Attend Weekly  |
|  | **2** | Leadership Role | Activity | N/A | Join 2 Committees | Exec Leadership Role |
|  | **3** | Connection with God | Feeling | Distant/Low | Growing/Good | Intimate/Strong |
|  | **4** | Charitable Donations | Metric | $1,000/Year | $5,000/Year | $10,000/Year |
|  |  | **Relationships** |   |   |   |   |
|  | **1** | Girlfriend Date Night | Activity | Weekly  | Married! 2 Nights/W | 5 Nights/Week!!! |
|  | **2** | Time with Children | Activity | N/A | N/A | 2-3 Hours/Daily (Min) |
|  | **3** | Create New Friendships  | Metric | 0 / Year | 2/Year  | 2/Year |
|  | **4** | Feeling of Family Unity | Feeling | N/A | High Unity | High Unity |
|  |  | **Recreation** |   |   |   |   |
|  | **1** | Vacations Per Year | Activity | 1-2 Weeks/Year | 3 Full Weeks/Year | 3 Months/Year |
|  | **2** | Learn Guitar | Activity | N/A | Play Basic Chords | Play Basic Rock Songs |
|  | **3** | Golf Handicap <10 | Metric | Handicap = 20  | Handicap = 20 | Handicap = 10 |
|  | **4** | General Happiness  | Feeling | OK | Feel Fulfilled  | Feel Joy & Fulfilled |
|  |  | **Other/Misc.** |   |   |   |   |
|  | **1** | Public Speaking | Activity | 2 Events/Year | 4 Events/Year | 1 Event/Month |
|  | **2** | Home Project | Activity | N/A | Redo Bathroom | Build New Garage |
|  | **3** | Buy Lakehouse | Activity | N/A | N/A | Buy 3 Bed Lakehouse  |
|  | **4** |   |   |   |   |   |